

1-7 APRIL

Monday 1 April 2024	5:30pm to 7pm	Skills A & Junior A&B	No training
	5:30pm to 6:15pm	Skills B	No training
	6pm to 8pm (Renmore)	Senior A&B, Performance A&B	No training
Wednesday 3 April 2024	5:45am to 7:15am	Senior A&B, Performance A&B	Blanka Cygan
	5:45pm to 7:15pm	Skills A & Junior A&B	Ailbhe Kearney
	6:30pm to 7:15pm	Skills B	Emily Dolan
Thursday 4 April 2024	5:45am to 7:15am	Senior A, Performance A&B	Isolde Hannon
Friday 5 April 2024	5:45am to 7:15am	Junior A, Senior A&B, Performance A&B	Harry McCann
Sunday 7 April 2024	8:30am to 10:30am	Junior A&B, Senior B, Performance A&B	Sebastian Oancea
	7:00pm to 9:00pm	Senior A, Performance A&B	Grace McInerney

8-14 APRIL

Monday 8 April 2024	5:30pm to 7pm	Skills A & Junior A&B	Alex Carroll
	5:30pm to 6:15pm	Skills B	Kate Whiriskey
	6pm to 8pm (Renmore)	Senior A&B, Performance A&B	Ellie Flanagan
Wednesday 10 April 2024	5:45am to 7:15am	Senior A&B, Performance A&B	Laura Fraser
	5:45pm to 7:15pm	Skills A & Junior A&B	Maya Adela Votter
	6:30pm to 7:15pm	Skills B	Anna Conlon
Thursday 11 April 2024	5:45am to 7:15am	Senior A, Performance A&B	Clodagh McDonagh
Friday 12 April 2024	5:45am to 7:15am	Junior A, Senior A&B, Performance A&B	Karolina Conole
Sunday 14 April 2024	8:30am to 10:30am	Junior A&B, Senior B, Performance A&B	Liam Kenny
	7:00pm to 9:00pm	Senior A, Performance A&B	Aoileann Oconnor

15-21 APRIL

Monday 15 April 2024	5:30pm to 7pm	Skills A & Junior A&B	Réalta Healy
	5:30pm to 6:15pm	Skills B	Keelin Moriarty
	6pm to 8pm (Renmore)	Senior A&B, Performance A&B	Alva Horan
Wednesday 17 April 2024	5:45am to 7:15am	Senior A&B, Performance A&B	Liz Hume
	5:45pm to 7:15pm	Skills A & Junior A&B	Sarah Young
	6:30pm to 7:15pm	Skills B	Thomas Duane
Thursday 18 April 2024	5:45am to 7:15am	Senior A, Performance A&B	Mia Maguire
Friday 19 April 2024	5:45am to 7:15am	Junior A, Senior A&B, Performance A&B	Maya Gorecka
Sunday 21 April 2024	8:30am to 10:30am	Junior A&B, Senior B, Performance A&B	Mila Harty
	7:00pm to 9:00pm	Senior A, Performance A&B	Leah Maguire

21-28 APRIL

Monday 22 April 2024	5:30pm to 7pm	Skills A & Junior A&B	Emma Scally
	5:30pm to 6:15pm	Skills B	Emily Dolan
	6pm to 8pm (Renmore)	Senior A&B, Performance A&B	Mark Cormican
Wednesday 24 April 2024	5:45am to 7:15am	Senior A&B, Performance A&B	Hannah Boyle
	5:45pm to 7:15pm	Skills A & Junior A&B	Hannah Conneely
	6:30pm to 7:15pm	Skills B	Kate Whiriskey
Thursday 25 April 2024	5:45am to 7:15am	Senior A, Performance A&B	Nessa Mangan
Friday 26 April 2024	5:45am to 7:15am	Junior A, Senior A&B, Performance A&B	Saoirse O'Shaughnessy
Sunday 28 April 2024	8:30am to 10:30am	Junior A&B, Senior B, Performance A&B	Anna Keogh
	7:00pm to 9:00pm	Senior A, Performance A&B	Thomas Davey