

29 APRIL - 5 MAY

Monday 29 April 2024	5:30pm to 7pm	Skills A & Junior A&B	Ailbhe Kearney
	5:30pm to 6:15pm	Skills B	Cian Parnell Kelly
	6pm to 8pm (Renmore)	Senior A&B, Performance A&B	Grace McInerney
Wednesday 1 May 2024	5:45am to 7:15am	Senior A&B, Performance A&B	Laura Fraser
	5:45pm to 7:15pm	Skills A & Junior A&B	Sarah Curtis
	6:30pm to 7:15pm	Skills B	Margaret Sala
Thursday 2 May 2024	5:45am to 7:15am	Senior A, Performance A&B	Clodagh McDonagh
Friday 3 May 2024	5:45am to 7:15am	Junior A, Senior A&B, Performance A&B	Ciara O'Neill
Sunday 5 May 2024	8:30am to 10:30am	Junior A&B, Senior B, Performance A&B	Harry Murphy
	7:00pm to 9:00pm	Senior A, Performance A&B	No Training - Gala

6-12 May

Monday 6 May 2024	5:30pm to 7pm	Skills A & Junior A&B	No Training - Bank Holiday
	5:30pm to 6:15pm	Skills B	No Training - Bank Holiday
	3pm to 5pm (Renmore)	Senior A&B, Performance A&B	Ellie Flanagan
Wednesday 8 May 2024	5:45am to 7:15am	Senior A&B, Performance A&B	Síofra Hannon
	5:45pm to 7:15pm	Skills A & Junior A&B	Sebastian Oancea
	6:30pm to 7:15pm	Skills B	Thomas Duane
Thursday 9 May 2024	5:45am to 7:15am	Senior A, Performance A&B	Mia Maguire
Friday 10 May 2024	5:45am to 7:15am	Junior A, Senior A&B, Performance A&B	Connie Joyce
Sunday 12 May 2024	8:30am to 10:30am	Junior A&B, Senior B, Performance A&B	Emma Scally
	7:00pm to 9:00pm	Senior A, Performance A&B	No Training - Gala

13-19 MAY

Monday 13 May 2024	5:30pm to 7pm	Skills A & Junior A&B	Alex Carroll
	5:30pm to 6:15pm	Skills B	Keelin Moriarty
	6pm to 8pm (Renmore)	Senior A&B, Performance A&B	Blanka Cygan
Wednesday 15 May 2024	5:45am to 7:15am	Senior A&B, Performance A&B	Alva Horan
	5:45pm to 7:15pm	Skills A & Junior A&B	Fadzai Foto
	6:30pm to 7:15pm	Skills B	Patrick Dolan
Thursday 16 May 2024	5:45am to 7:15am	Senior A, Performance A&B	Hannah Boyle
Friday 17 May 2024	5:45am to 7:15am	Junior A, Senior A&B, Performance A&B	Liam Kenny
Sunday 19 May 2024	8:30am to 10:30am	Junior A&B, Senior B, Performance A&B	No Training - Gala
	7:00pm to 9:00pm	Senior A, Performance A&B	Thomas Davey

20-26 MAY

Monday 20 May 2024	5:30pm to 7pm	Skills A & Junior A&B	Réalta Healy
	5:30pm to 6:15pm	Skills B	Honor Mannion
	6pm to 8pm (Renmore)	Senior A&B, Performance A&B	Aoileann O'Connor
Wednesday 22 May 2024	5:45am to 7:15am	Senior A&B, Performance A&B	Nessa Mangan
	5:45pm to 7:15pm	Skills A & Junior A&B	Sarah Young
	6:30pm to 7:15pm	Skills B	Emily Dolan
Thursday 23 May 2024	5:45am to 7:15am	Senior A, Performance A&B	Leah Maguire
Friday 24 May 2024	5:45am to 7:15am	Junior A, Senior A&B, Performance A&B	Mila Harty
Sunday 26 May 2024	8:30am to 10:30am	Junior A&B, Senior B, Performance A&B	Saoirse O'Shaughnessy
	7:00pm to 9:00pm	Senior A, Performance A&B	Mark Cormican

27 MAY - 2 JUNE

Monday 27 May 2024	5:30pm to 7pm	Skills A & Junior A&B	Sarah Conlon
	5:30pm to 6:15pm	Skills B	Anna Conlon
	6pm to 8pm (Renmore)	Senior A&B, Performance A&B	Ellie Flanagan
Wednesday 29 May 2024	5:45am to 7:15am	Senior A&B, Performance A&B	Liz Hume
	5:45pm to 7:15pm	Skills A & Junior A&B	Maya Adela Votter
	6:30pm to 7:15pm	Skills B	Cian Parnell Kelly
Thursday 30 May 2024	5:45am to 7:15am	Senior A, Performance A&B	Alva Horan
Friday 31 May 2024	5:45am to 7:15am	Junior A, Senior A&B, Performance A&B	Karolina Conole
Sunday 2 June 2024	8:30am to 10:30am	Junior A&B, Senior B, Performance A&B	Maya Gorecka
	7:00pm to 9:00pm	Senior A, Performance A&B	Grace McInerney