

March

- 2 Longcourse Training - UL 10 - 11:45 a.m. AND 2 - 3:45 p.m.
- 9 Connacht Open
- 17 Qualification for Irish Open Championships closes 17/3/25)
- 22 Irish Senior Schools Relays & Interpros, Dublin
- 29-30 Aspiring LC Champions, Limerick
- 30 Irish Minor Schools, Dublin

April

- 5 Longcourse Training - UL 12 - 1:45 p.m.
- 6 Future Challenger Meet - Leisureland
- 9 Fun Gala Bluefin & Team South Galway Special Olympics - during training
- 12-16 Irish Open Championships, Dublin
- 26 Athlone/Claremorris Club Invitational - Athlone

May

- 2 Regional Age Group & Senior LC Championships window opens
- 3 Longcourse Training - UL 12 - 2 p.m. Kilcornan 7-9 p.m.
- 4 Athlone/Claremorris Club Invitational - Claremorris
- 16-18 Regional LC Senior Championships (Age 15+) - NAC
- 23-25 Regional LC Age Group Championships (Age 12-14) - UL

June

- 2 Regional Age Group & Senior LC Championships window closes
- 8 Longcourse Training - UL 12 - 1:45 p.m. AND 4 - 5:45 p.m.
- 11 Qualification for Irish Summer National Championships closes
- 14-15 Regional Swim Festival, Longford (for any swimmers **not** qualified for Summer Nationals)
- 25 Last day of training for Junior Squads (**except** swimmers qualified for Summer Nationals)

July

- 6 Longcourse Training - UL 10 - 11:45 a.m. AND 2 - 3:45 p.m.
- 10-13 Irish Summer National Age Group Championships (Age 12-14)
- 23-27 Irish Summer National Youth & Senior Championships (Age 15+)

Future Challenger Series: 10-12 year olds
Regional Aspiring Championships Series: 13+
Longcourse Training - Senior Squad A/Performance Squads A&B only

AGES:

Irish Summer Nationals: AG: 12,13,14 SNR: 15,16,17+

Irish Open Championships: male 13-16, 17/18+,19+ female 13-15,16/17, 18+